

AYURVEDA

Ayurveda is one of the world's oldest holistic healing systems which is divinely inspired for human beings. It is based on the belief that health and wellness depend on a delicate balance between the mind, body & spirit. The God was determined every individual to bring their own style of beauty with evolution on this world.

The beauty is not a everlasting phenomenon. The ancient wisdom of India had this wonderful concept 'Total rejuvenation wellness beauty Therapy'.

SRI LANKAN HEALING SYSTEM

Sri Lankan traditional healing system has been there in our life for thousands of years and it has been amalgamated with Ayurveda which has influenced many other healing systems around the world.

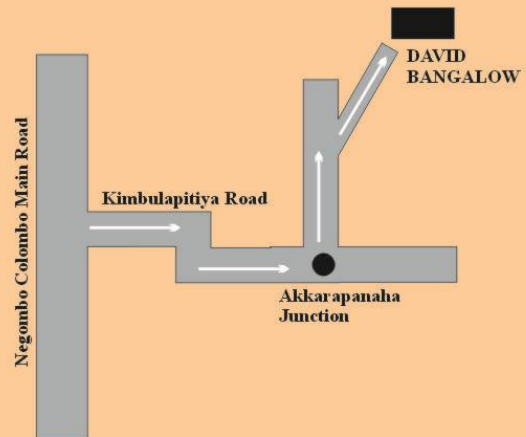


POWER OF AYURVEDIC REMEDIES

- * Act on the total body strength
- * Power of Resistance
- * New Vital energy
- * Prevents & corrects aging process
- * Inner Balance along with a healthy life experiences the fullness of life.

Pro Style Lanka Ayurveda Beauty Academy and Treatment centre is dedicated to practice Authentic Ayurveda and the center is exclusive and homely for all ayurvedic treatment seeking guests. We offer professional Ayurveda treatment in comfortable surrounding.

- * Stress management
- * Skin exfoliation
- * Detoxification treatment /stress management
- * Body purification programs
- * Weight reduction programs
- * Rejuvenation packages
- * Beauty care



David Bungalow

*Sangwara Uluambalana Estste,
Kadirana, Negombo.*

Phone: +94 0112 688 930,

Consulting Dr. 0718 689 728

Japanese Language (Nakanura San): 0768 583 316

Sinhala Language (Mrs. Badra): 0712 714 521

Website: <http://www.prostylelankaayurveda.com>

Pro
AY
AC
& Tr

FULL COURSE

2 hours

US \$ 95

Full Body Massage Therapy, Shirodhara, Avagaha Sweda, Vaspa Sveda

Good for , Healthy persons to uplift their health conditions and also, patients who are suffering from paralysis, skin problems, mental stress, fatigue, back ache and multiple joint pains.



TOTAL BODY CARE

2 ½ hours

US \$ 110

Full Body Massage Therapy, Sveda, Avagaha Sweda, Vaspa Vimardana (Facial Massage T

It relaxes the the body & mind , strengthen the hair. Smoothing the body skin. Rejuvenates the body. provides vital energy delays the aging process.



CHARMA SHODANA CHIKITHSA

2 hours

US \$ 75

Sarvangadara, Charma Udvarthana,

Sarvangalepana, Avagaha Sweda

Specially designed for the clients who are suffering from skin diseases/ skin problems. It cures the skin problems and results healthy, shiny glorious skin.



KATI SHOOLA CHIKITHSA

1 hour

US \$ 55

Lumber Massage Therapy, Kati Vasthi, Pitchu Treatment, Pottani Sweda

This treatment specially designed for people who are suffering from low back pain, upper back pain, disk prolapse, Sciatica and difficulty in bending.



PADA

1 hour

US \$

Foot

Avaga



Qualified Ayurvedic Physician makes the treatment plan according to the disease. (After the primary examination done) We can treat for Diseases, Arthriucs, Paralysis, Mental Stress, Skin Cancer, Rashes, Hyperlipidoemia, Hypertension and other Diseases